



Stage 4 - Lebanon to Rolla

Thursday, September 11

Presented by



Estimated Arrival			Course Directions	Point to Point	Miles Ridden	Mile to Go	KM Ridden
24 mph 38.6 kph	26 mph 41.8 kph	28 mph 45 kph					
11:00 AM	11:00 AM	11:00 AM	Neutral Start at Civic Center	0.0	0.0	95.3	0.0
11:00 AM	11:00 AM	11:00 AM	Left onto Elm St. from parking lot	4.2 mile neutral start			
11:01 AM	11:01 AM	11:01 AM	Right onto Jackson Ave./MO 32 from Elm St.				
11:02 AM	11:02 AM	11:02 AM	RR Xing				
11:02 AM	11:02 AM	11:02 AM	Right onto Commercial St./Jackson Ave.				
11:03 AM	11:03 AM	11:03 AM	Right onto Jefferson Ave. from Commercial				
11:03 AM	11:03 AM	11:03 AM	RR Xing				
11:04 AM	11:04 AM	11:03 AM	Left onto Elm St. from Jefferson Ave.				
11:05 AM	11:04 AM	11:04 AM	Pass Civic Center				
11:08 AM	11:07 AM	11:06 AM	Right onto Cowan Dr. at hospital				
11:10 AM	11:09 AM	11:09 AM	Left onto MO 32 from Cowan Dr.				
11:10 AM	11:09 AM	11:09 AM	Race Start at MO 32	0.0	0.0	95.3	0.0
11:25 AM	11:23 AM	11:22 AM	Left onto Route N from MO 32	6.4	6.4	88.9	10.3
11:46 AM	11:42 AM	11:40 AM	Left to continue on Route N	0.6	14.6	80.7	23.4
11:49 AM	11:45 AM	11:42 AM	Right onto onto Route N/T from Route N	1.1	15.7	79.6	25.2
11:49 AM	11:45 AM	11:42 AM	cs over I-44	0.1	15.8	79.5	25.4
11:49 AM	11:45 AM	11:43 AM	cs onto MO T at Harvest View	0.1	15.9	79.4	25.6
12:01 PM	11:56 AM	11:53 AM	Enter Stoutland	1.6	20.8	74.5	33.4
12:03 PM	11:57 AM	11:54 AM	Enter Camden Co.	0.1	21.2	74.0	34.2
12:03 PM	11:58 AM	11:54 AM	RR Xing	0.0	21.4	73.9	34.4
12:03 PM	11:58 AM	11:54 AM	Right onto Route H from Route T/JJ	0.0	21.4	73.9	34.4
12:22 PM	12:15 PM	12:10 PM	Right onto MO 7 from Route H	0.2	28.8	66.5	46.3
12:22 PM	12:16 PM	12:11 PM	Enter Richland	0.3	29.1	66.2	46.8
12:23 PM	12:16 PM	12:11 PM	Enter Pulaski Co.	0.1	29.3	65.9	47.2
12:24 PM	12:17 PM	12:12 PM	Left onto MO 7/133 from Washington St.	0.1	29.7	65.5	47.8
12:24 PM	12:17 PM	12:13 PM	vRight to stay on Jefferson	0.1	29.9	65.4	48.1
12:26 PM	12:19 PM	12:14 PM	Edward Jones Sprint Line - Richland	0.2	30.7	64.6	49.4
12:27 PM	12:20 PM	12:15 PM	vLeft onto MO 133 from MO 7	0.1	30.9	64.4	49.6
12:42 PM	12:34 PM	12:28 PM	Right onto Route T from MO 133	0.1	37.2	58.1	59.8
12:43 PM	12:35 PM	12:28 PM	RR Xing	0.1	37.3	58.0	60.0
01:01 PM	12:52 PM	12:44 PM	Michelob Ultra KOM	1.7	44.8	50.5	72.1
01:06 PM	12:56 PM	12:48 PM	Feed Zone	0.1	46.4	48.9	74.7
01:09 PM	12:58 PM	12:51 PM	Left onto MO 17 from MO T	0.2	47.6	47.6	76.7
01:10 PM	01:00 PM	12:52 PM	Right onto Ichord Ave. from MO 17	0.1	48.3	47.0	77.7
01:12 PM	01:01 PM	12:53 PM	cs over I-44	0.1	48.8	46.4	78.6
01:14 PM	01:04 PM	12:55 PM	Michelob Ultra KOM	0.5	49.9	45.3	80.3
01:24 PM	01:12 PM	01:04 PM	Enter Fort Leonard Wood	0.4	53.7	41.5	86.5
01:25 PM	01:14 PM	01:05 PM	Right onto Indiana Ave. from Pulaski/Paula	0.5	54.2	41.0	87.3
01:27 PM	01:16 PM	01:07 PM	Left onto Buckeye from Indiana	0.1	55.2	40.1	88.8
01:28 PM	01:16 PM	01:07 PM	Edward Jones Sprint Line	0.1	55.4	39.8	89.2

Estimated Arrival			Course Directions	Point to Point	Miles Ridden	Mile to Go	KM Ridden
24 mph 38.6 kph	26 mph 41.8 kph	28 mph 45 kph					
01:29 PM	01:17 PM	01:08 PM	Left onto Alabama Ave. from Buckeye	0.1	55.6	39.6	89.5
01:30 PM	01:18 PM	01:09 PM	cs over Iowa Ave. onto North Dakota	0.1	56.0	39.2	90.1
01:31 PM	01:19 PM	01:10 PM	Left onto Nebraska Ave. from North Dakota	0.1	56.6	38.6	91.1
01:31 PM	01:19 PM	01:10 PM	Right onto Army Ave. from Nebraska Ave.	0.0	56.6	38.6	91.2
01:33 PM	01:21 PM	01:11 PM	Right onto 1st St. from Army Ave.	0.1	57.3	38.0	92.2
01:34 PM	01:21 PM	01:12 PM	RR Xing	0.1	57.6	37.6	92.7
01:40 PM	01:27 PM	01:17 PM	Exit Fort Leonard Wood	0.1	60.1	35.2	96.7
01:45 PM	01:32 PM	01:22 PM	vLeft onto Route J from East Gate Rd.	2.2	62.2	33.0	100.1
01:45 PM	01:32 PM	01:22 PM	Enter Phelps Co.	0.1	62.4	32.9	100.3
01:50 PM	01:37 PM	01:26 PM	Michelob Ultra KOM	1.6	64.4	30.9	103.6
02:03 PM	01:48 PM	01:37 PM	RR Xing	0.8	69.2	26.1	111.4
02:05 PM	01:51 PM	01:39 PM	Right onto Route P from Route J	1.0	70.2	25.0	113.0
02:09 PM	01:54 PM	01:42 PM	RR Xing	1.4	71.6	23.7	115.2
02:27 PM	02:10 PM	01:57 PM	Enter Newburg	1.4	78.8	16.5	126.8
02:27 PM	02:11 PM	01:58 PM	Left onto Route T from Route P	0.1	78.9	16.3	127.0
02:28 PM	02:11 PM	01:58 PM	RR Xing	0.3	79.3	16.0	127.6
02:28 PM	02:11 PM	01:58 PM	vLeft onto 1st/Route T from Water St.	0.0	79.3	16.0	127.6
02:28 PM	02:12 PM	01:58 PM	Right to Continue on Route T	0.1	79.3	15.9	127.7
02:34 PM	02:17 PM	02:04 PM	Right onto Eisenhower from Truman/Route T	0.3	81.7	13.6	131.5
02:41 PM	02:23 PM	02:09 PM	Narrow Bridge	1.8	84.4	10.8	135.9
02:42 PM	02:25 PM	02:11 PM	cs onto Martin Spring Rd.	0.7	85.1	10.1	137.0
02:43 PM	02:26 PM	02:12 PM	Enter Rolla	0.5	85.6	9.7	137.7
02:46 PM	02:28 PM	02:14 PM	Right onto Blues Lake Pkwy. from Martin Springs Dr.	1.0	86.6	8.7	139.4
02:47 PM	02:29 PM	02:15 PM	Left onto Bridge School Rd. from Blues Lake Pkwy.	0.3	86.9	8.3	139.9
02:49 PM	02:31 PM	02:17 PM	Right onto Kings Hwy. from Bridge School Rd.	0.9	87.8	7.4	141.3
02:49 PM	02:31 PM	02:17 PM	Left onto Fairground Rd. from Kings Hwy.	0.1	87.9	7.3	141.5
02:51 PM	02:33 PM	02:18 PM	vRight at Phelps County Med. Ctr. onto 10th St.	0.1	88.5	6.8	142.4
02:52 PM	02:34 PM	02:19 PM	Right onto State St. from 10th St. Enter Finish Circuit	0.1	89.1	6.1	143.4
02:53 PM	02:34 PM	02:20 PM	Left onto 8th St. from State St.	0.1	89.2	6.0	143.6
02:53 PM	02:35 PM	02:20 PM	Right onto Pine St. from 8th St.	0.1	89.4	5.8	144.0
02:53 PM	02:35 PM	02:20 PM	Left onto 6th St. from Pine St.	0.1	89.5	5.7	144.1
02:53 PM	02:35 PM	02:20 PM	RR Xing	0.0	89.6	5.7	144.2
02:54 PM	02:36 PM	02:21 PM	Left onto Olive St. from 6th St.	0.1	89.7	5.6	144.4
02:55 PM	02:36 PM	02:21 PM	Right onto 12th St. from Olive St.	0.1	90.1	5.2	144.9
02:55 PM	02:37 PM	02:22 PM	Right onto Holloway St. from 12th St.	0.1	90.3	4.9	145.4
02:56 PM	02:37 PM	02:22 PM	Right onto 10th St. from Holloway St.	0.1	90.4	4.8	145.6
02:57 PM	02:39 PM	02:24 PM	Finish Line - 2 laps to go	0.0	91.1	4.1	146.7
02:57 PM	02:39 PM	02:24 PM	Left onto State St. from 10th St.	0.1	91.2	4.1	146.8
03:03 PM	02:44 PM	02:28 PM	Finish Line - 1 lap to go	0.0	93.2	2.1	150.0
03:08 PM	02:48 PM	02:33 PM	Race Finish on 10th Street between Main and State	0.0	95.3	-0.0	153.3